

**GUIDANCE PROGRAMS**  
**for**  
**Middle and High School Students**



**SUCCESS IN SCHOOL:**

*Drop-out Prevention: Nowhere to Go*  
*How to Succeed in Middle School*  
*Study Skills I&II*  
*Study Smarter: Skills and Strategies*  
*How To Series...How to Teach Study Skills*

*Go for a Goal*  
*Seven Steps to Good Study*  
*Habits Part I & II*

**CHARACTER EDUCATION/RESPONSIBILITY/RESPECT:**

*All About Respect*  
*Getting in Character Series*  
*I'm All That: Building Self-Esteem*  
*Know Yourself: The Secret of Self-Esteem*  
*The Fourth R: Responsibility*  
*Making Decisions, Solving Problems*  
*Trust Me: Learning to Be Responsible*

*Cool to be Me: Self-Esteem*  
*R-E-S-P-E-C-T*  
*Respect: Keep It Real*  
*The Respect Series*  
*The Wexford Series*  
*Doing the Right Thing Series*

**PEER RELATIONSHIPS:**

*Cliques: Who's In? Who's Out?*  
*Learning Relationship Skills*  
*Friends First Series*  
*The Unseen Power: Peer Pressure*  
*Your Reputation: Make It, Change It*  
*Relationship: When They Help...When They Hurt*

*Guess What I Just Heard*  
*Say No and Keep Your Friends*  
*Talking It Over: Teen Issues*  
*When Dating Turns Dangerous*  
*When Friends Mean Trouble*

**CONFLICT:**

*Anger, Rage and You*  
*Anger-Management Skills*  
*Conflict at School: Dealing with Adults*  
*Get a Grip! Self-Management Skills*  
*Just Chill! Dealing with Anger*  
*Keeping Peace at Home*  
*Violence: Reversing the Trend Series*  
*Aftershocks: Voices and Visions of Youth in a Violent World*  
*Understanding, Controlling, and Preventing Anger, Part I and II*  
*Violence Prevention Series*  
*What is Hate About?*  
*Solving Conflicts: Me and My Family*  
*Part 1 Understanding Gang Life*  
*Part 3 Alternatives to Gang Life*  
*Teen-Adult Conflict: Working It Out*

*Anger: You Can Handle It*  
*Conflict Resolution Skills*  
*Don't Pick on Me!*  
*Handling Your Anger*  
*Mediation Skills*  
*Alternative to Violence Series*  
*Violence in the Family*  
*The Wexford Series*  
*Resolving Conflicts*  
*Stop the Violence*  
*Part 2 Consequences of Gang Life*

**ABUSE:**

*Dating Violence and Abuse*

*Teens Stopping Rape*

*When I Say Stop I Mean Stop: Sexual Harassment and Sexual Pressure*

*Katie's Secret*

*The Wexford Series*

**DRUG PREVENTION:**

*Alcohol: Think, Don't Drink*

*Drugs and Teens: The Hidden Problem*

*Drunk Driving: The Party's Over*

*Hooked? Not Me*

*I Don't Have a Problem: the Path to Addiction*

*Inhalants for Middle Schools*

*Reality Matters Series*

*Risk-Taking: Thinking It Through*

*Talking About Tobacco*

*Teens, Drugs, and Peer Pressure*

*Cocaine and Crack: The Road to Nowhere*

*Choices*

*Hooked: The Addiction Trap Series*

*Ecstasy: First Pill or Last?*

*Marijuana Update*

*Marijuana: The Burning Truth*

*Smoking: The Burning Truth*

*Talking About Alcohol*

*LSD: Game Over*

*Drugs, Your Friends, and You*

*Managing Your Health: Addiction*

**HEALTH:**

*Eating Disorders: Profiles of Pain*

*Nutrition and Exercise: Teen Wellness*

*STDs, AIDS, and the Clean Love Solution*

*Live Right, Grow Right: It's the Only Body You've Got*

*Taking Charge of Me: Emotional I.Q.*

*Teen Mothers and Fathers Speak Out*

*Reality Matters Series*

*Skills for Healthy Living Series*

*Making Responsible Choices*

*Sex Too Soon*

*Right Choices: Skills for Life*

*Talking About Sex, Part I and II*

*Safe Student School Scenarios*

*Teens Who Choose Abstinence*

*Managing Your Health Series*

**Designated for High School Students:**

*Active Me, Healthy Me Series*

*AIDS: A Changing Epidemic*

*AIDS: Ending the Epidemic*

*LegalEASE Series*

*Managing Your Health: Depression*

*Nutrition and Digestive Health Series*

*Sexual Harassment and How to Stop It*

*Teen Suicide: A Permanent Solution to a Temporary Problem*

*A-Z of Your Head Series*

*Skills for Healthy Living Series: Weighing the Risks-Drugs, Sex, Consequences*

*A Case of Abuse*

*Drugs End All Dreams*

*Heroin: Losing Everything*

*Drunk Driving: The Party's Over*

*Overcoming Eating Disorders*

*Scared Straight! 20 Years Later*

*Talking About Sex, Part Two*

*Update: Sexually Transmitted Disease*

**PARENTING:**

*The Lily Series*

**Designated for Adults/Parents:**

*Take a Stand, Lend a Hand, Stop Bullying*

*Wexford Series: Parenting Adolescents: Relationships That Work*